



Family Alliance on Severe Mental Illness

Award for Outstanding Advocacy

Presented to

Nancy Saunders

In recognition of your exceptional dedication and advocacy on behalf of individuals and families affected by severe mental illness.

“They told me I couldn’t speak to them because my son was an adult and had to call for help himself. It was the law,” Nancy said.

As a consequence in 2024 Nancy constituted the NSMoms advocacy group and together the group has changed “the law” in Nova Scotia. NSMoms continuing commitment to compassion, understanding, and meaningful change strengthens our community and advances hope for families everywhere.

Presented this 23rd day of March 2026

A handwritten signature in black ink that reads 'Kathleen Mochnacki'. The signature is written in a cursive, flowing style.

Kathleen Mochnacki, FASMI President